

CONSULTANTS:

Ana María Ruiz Sancho. VocAcción Founder and Director. Group dynamic and institutional consultant. Trainer. Psychiatrist. Individual and Group Psychotherapist. Member of the Orientation Committee of the International Forum for Social Innovation (IFSI-FIIS)

Bruno Chevolet. VocAcción Consultant. Strategy and operational improvement consultant. Adviser in leadership. Member of the Orientation Committee of IFSI-FIIS. MSc in engineering and in management. Certified consultant in Institutional Transformation (IFSI-FIIS)

Gloria Mateu i Vives. VocAcción Consultant. Trainer. PhD in Psychology, teacher, Individual and Group psychotherapist for adolescents, adults and the elderly. Institutional Consultant (IFSI-FIIS)

INFORMATION AND CONTACT

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ADMINISTRATIVE INFORMATION

Date: From Friday 21 of February at 18.00 to Sunday 23 at 15:00 (Residential)

Place: CITeS, C/ Arroyo Vacas 3, 05005 Ávila, +34 920 35 22 40, www.mistica.es

Registration Fee: Individual privately: €150, Self-employed €250, Institutional €350

Some bursaries or differed payment can be considered. Please contact us if needed.

Accommodation: €100 max. for the 2 nights, all meals included

Bank Account: 1465/0120/33/2032259777

Application Form: Should be signed and sent together with the proof of payment to Ana María Ruiz Sancho. Places are limited; they will be allocated in order of registration.

VocAcciónate

A necessary and urgent proposal for the crisis

INTERNATIONAL WORKSHOP

Ávila, Friday 21, Saturday 22 and Sunday 23, February, 2014



VocAcción

The crisis puts people and entire families in dramatic situations and risk.

Some studies report that panic makes people freeze and does not help making the best decisions, on the contrary: decisions that hurt and worsen even more the dramatic situation which one lives.

WHAT IS THE PURPOSE?

VocAcciónate is a unique opportunity for:

- Exploring your skills, experience and strengths
- Identifying your weaknesses, becoming aware and naming them
- Optimizing the internal resources that you have
- Reactivating dormant or paralyzed parts of your creativity

METHODOLOGY:

VocAcciónate is a temporary learning institution in which, you will work, individually and in group, towards the purpose of the workshop.

It will consist of:

- “Here and now” events are designed to trigger your creativity and to explore your capabilities and the defenses mechanisms limiting them
- Reflection events enabling you to discern what you desire to transform and to gain insights how to initiate your change move
- Application events during which you will be invited to commit to concrete change actions after the workshop

LANGUAGES:

Castilian and English. The use of these languages is open to exploration.

FOR WHOM IS VOCACCIONATE?

All kinds of professionals from various fields of work, at different stages in their personal and professional development, employment status and age, and who wish:

- To develop their innovation capability, their creativity and their resilience in their current job
- To reconnect with their true professional vocation, and to find ways to materialize it, balancing their own interest and work demand
- To improve their fitness for employment
- To change some personal paradigms in order to expand their perspectives and their capacity to act – especially in times of crisis

VocAcciónate will provide you with a new and strong motivation boost based on your own capabilities, for improving your happiness in your professional life!